Mechanical complications of MI

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No disclosures

Electrical Complications

Mechanical Complications

Heart failure

Pericarditis

Post infarction angina or Reinfarction

The major mechanical complications after acute myocardial infarction (AMI) include;

- Rupture of the left ventricular free wall,
- Acute severe MR
 - papillary muscle displacement
 - papillary muscle rupture
- Ventricular septal rupture.
- Pseudo aneurysm formation
- RV infarction
- Dynamic LV outflow obstruction
- LV thrombus

Primary percutaneous coronary intervention has significantly reduced major mechanical complications since its introduction as a treatment strategy in AMI.

Echocardiography with color-flow Doppler is the investigation of choice in the diagnosis and differentiation of the conditions.

Most common least recognized complication:

< 1% to 6.2% patients with acute MI
Accounts for 14 to 26% of Infarct related mortality
7% in hospital deaths

Time Course :

✓ First 5 days post MI in 50%✓ 90% occur within 2 weeks

Mid ventricle and lateral wall are most common sites May affect any wall

✓ Can involve RV

✓ Atria may be affected rarely

Adjacent to junction of normal with infarcted tissue

Presentation

> Acute free wall rupture

✓ Rapid PEA /death

Sub acute free wall rupture 30%

✓ Slow ooze with warning signs and symptoms

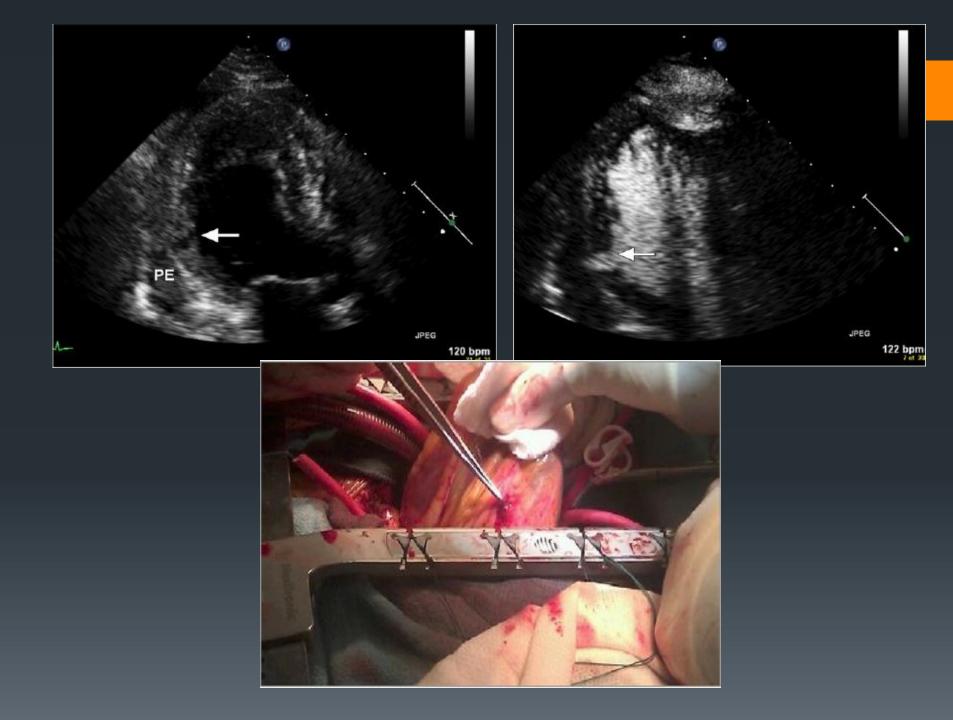
Clinical signs :

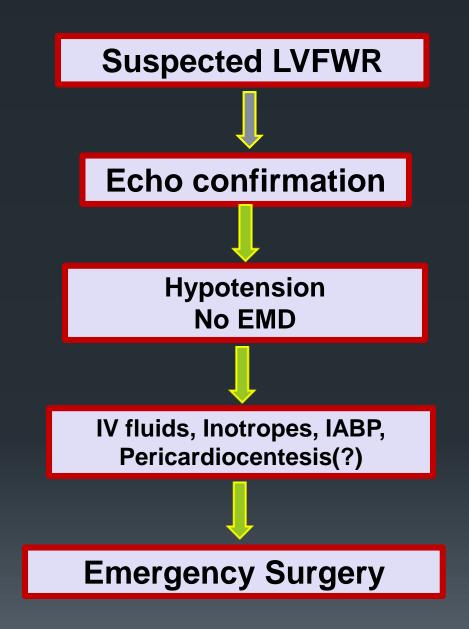
- \checkmark Pericarditis , emesis and agitation
- ✓ Recurrent chest pain
- ✓ Transient hypotension and bradycardia
- ✓ Deviation from expected T-wave evolution

Echocardiographic features include;

Pericardial effusion in end –diastole > 5mm
 High density intrapericardial echoes (thrombus)
 RV/RA compression (Tamponade)
 Direct 2D identification of tear is unusual

 Contrast may be helpful





LV pseudo aneurysm

Incomplete rupture

✓ Sealed by pericardium and hematoma

✓ Lacks elements of myocardial wall
 □ Echo- lucent space external to LV

Narrow neck

 Ratio of the diameter of the entry point to the maximal diameter is <40 -50%

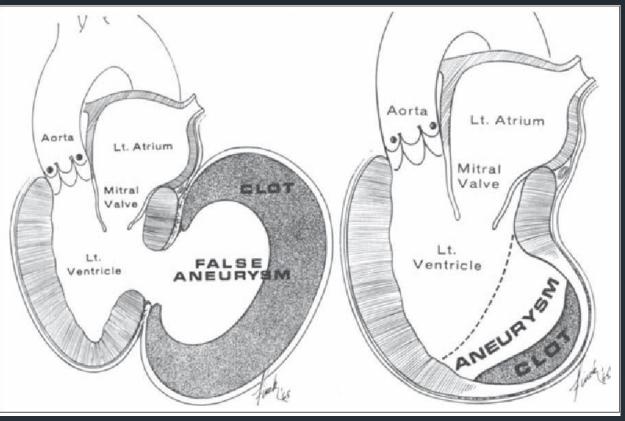
May contain thrombus

□ Characteristic Doppler Profile

✓ Bidirectional ("to- and –fro") flow pattern

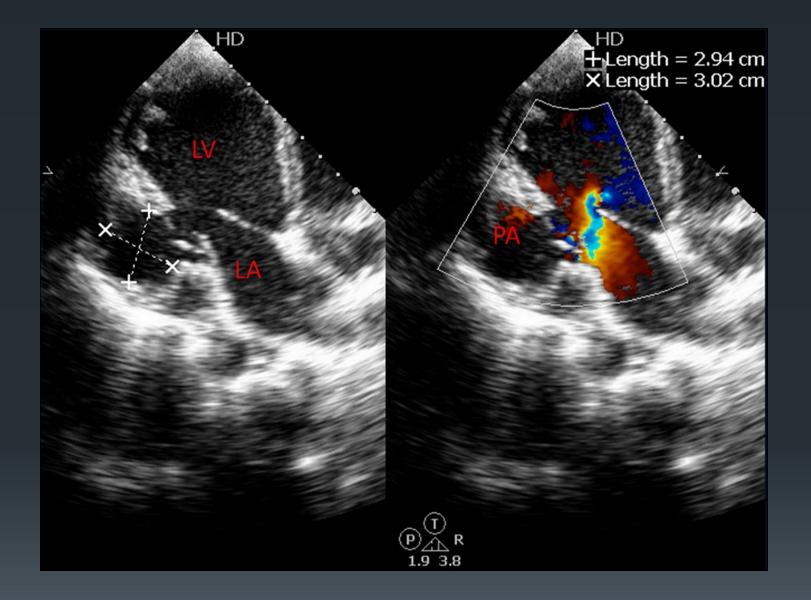
Pseudo-aneurysms

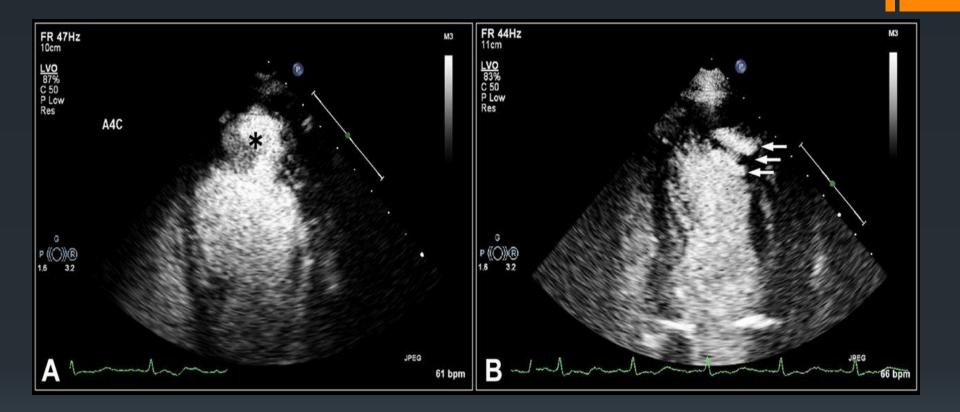
Aneurysms

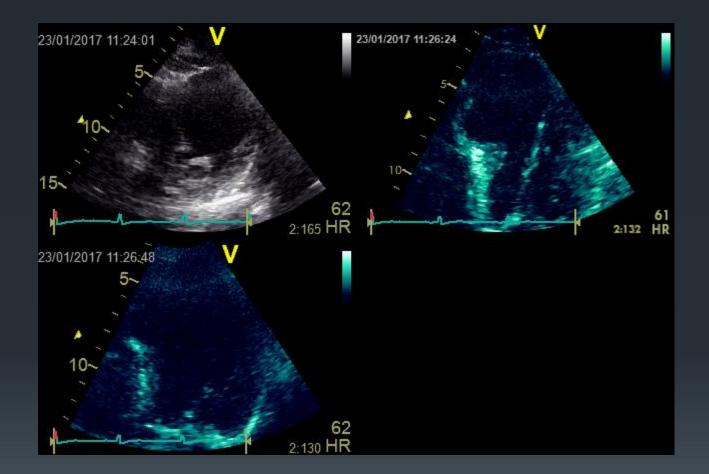


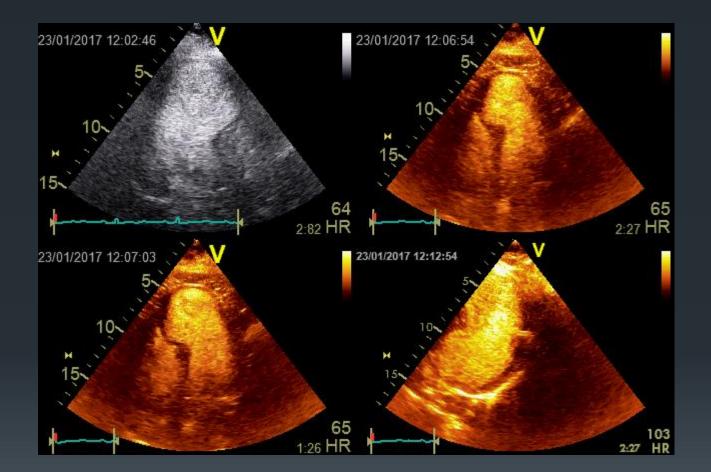
- > Narrow base
- Walls composed of pericardium and thrombus
- High risk of rupture

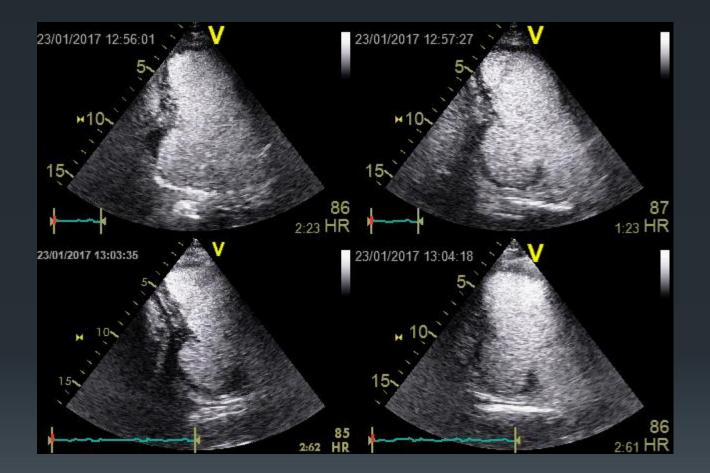
- ➢ Wide base
- Walls composed of myocardium
- Low risk of rupture











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	Aneurysms	Pseudo-aneurysms
Location	3% posterior	Posterior or inferior
Echocardiography		
Anatomy	Thinned myocardium	Ruptures
Contractility	Non contractile	Dyskinesia
Consequences/Complica tions	Congestive heart failure Embolic events Ventricular arrhythmias	Congestive heart failure Embolic events Ventricular arrhythmias
Therapy	Medical or Surgical therapy	Surgery
Surgical risk	Dubious	Lower than medical therapy

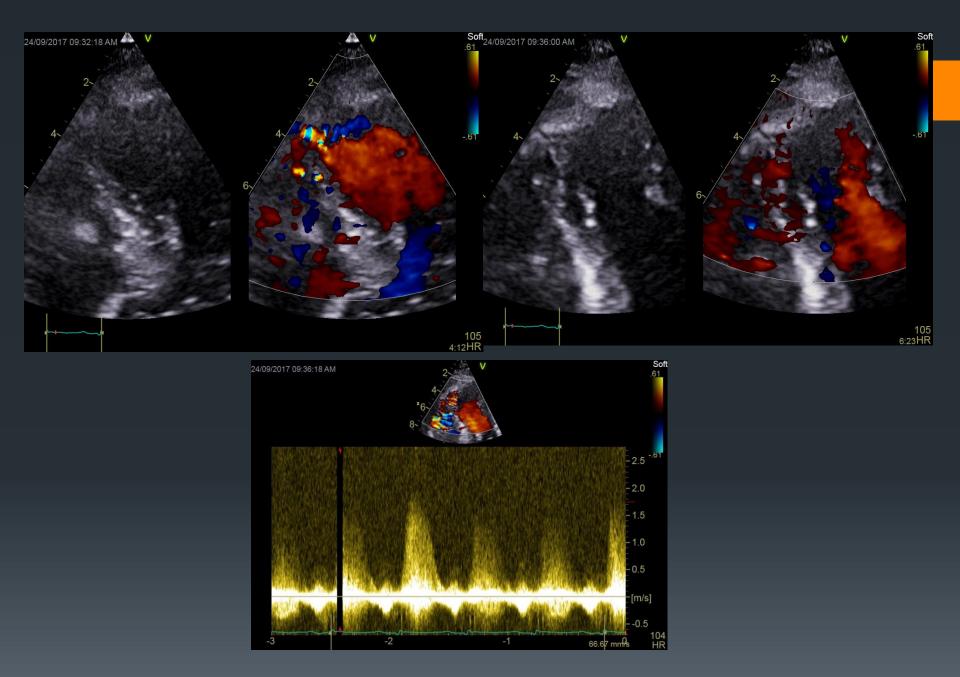
Ventricular septal rupture

Occurs in 0.2 to 1% patients with MI
 Bimodal distribution – 24 hrs. and days 3-5

Any portions of the septum may be involved margin between necrotic and non necrotic myocardium

Anterior VSR s tend to located distally with defects that perfor the septum at the same level - "simple"

Inferior VSRs located more toward the base and follows a serpingenious course - " complex"



Ventricular septal rupture

Presentation

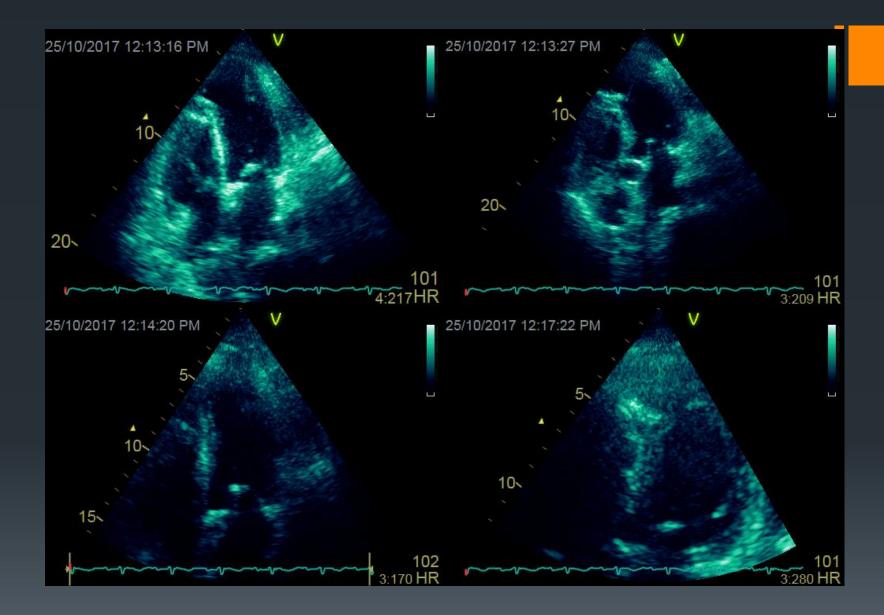
✓ Holosystolic murmur (often loud) ✓ Thrill ✓ Heart failure

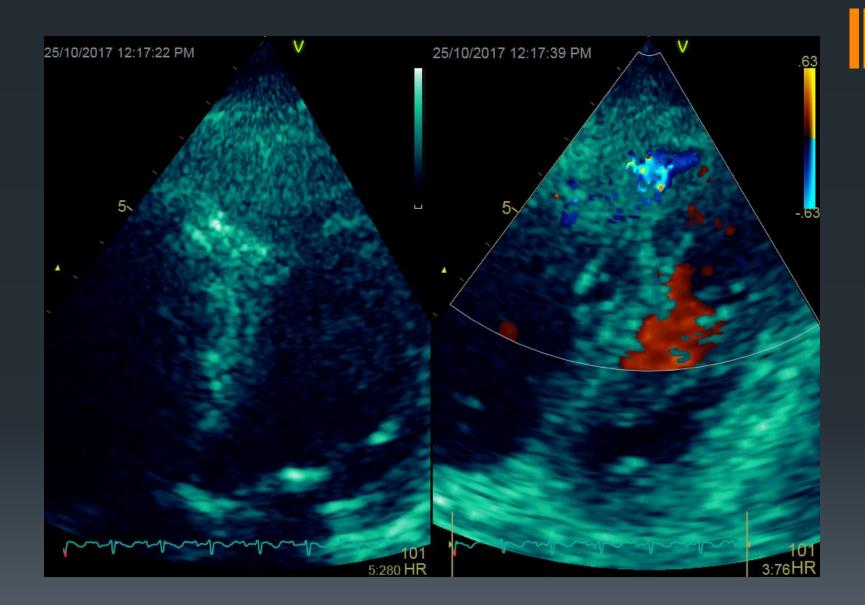
Ventricular septal rupture

Treatment

Medical Therapy
 Diuretics
 Inotropes
 Vasodilators
 IABP
 Surgery

Percutaneous Closure





Papillary Muscle Rupture

Least common mechanical complication

Pathology

✓ Complete✓ Partial – muscle heads/tips

Posteromedial papillary muscle more often involved (single blood supply)

Often occurs with relatively small infarcts (poor collaterals)

Papillary Muscle Rupture

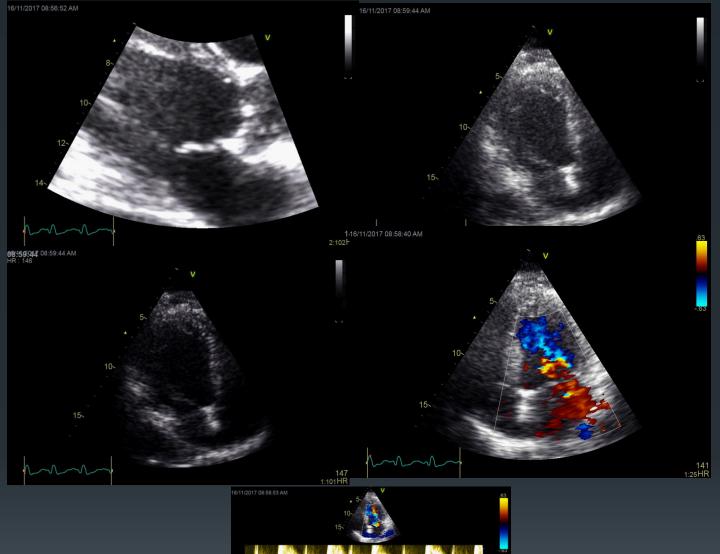
Presentation

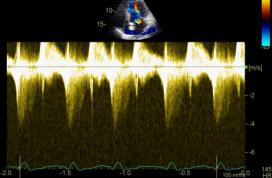
- ✓ 1 to 7 days after MI
- ✓ Heart failure
- ✓ Shock
- ✓ MR murmur
 - may be soft/indistinct
 - often no thrill present

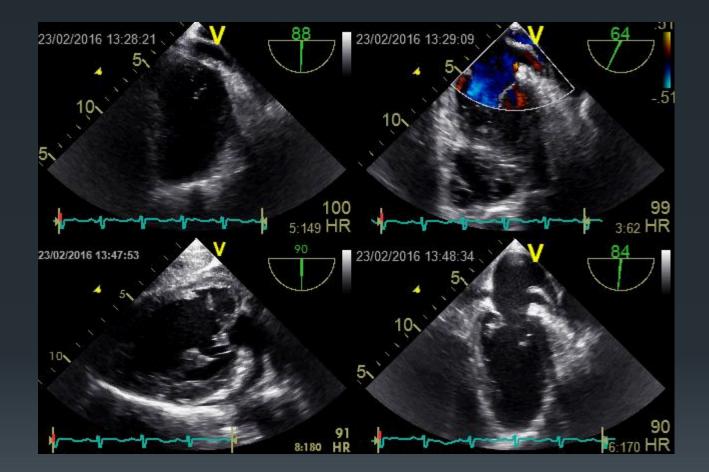
Papillary Muscle Rupture

Echocardiographic features

- Flail mitral leaflet with systolic cusp prolapse to LA
 Mobile echogenic mass attached to the chordae tendinae and to the mitral valve
- No prolapse of papillary head to LA is observed in 35%
 Abnormal cutoff of one papillary muscle
- Severe MR
 - Color -- flow disturbance area can be small
 - Cut-off sign in CW spectral profile
- □ Hyper dynamic LV function







Acute Mitral Regurgitation

Treatment

- Medical therapy
 - ✓ Inotrophic support
 - ✓ Diuretics
 - ✓ Afterload reduction

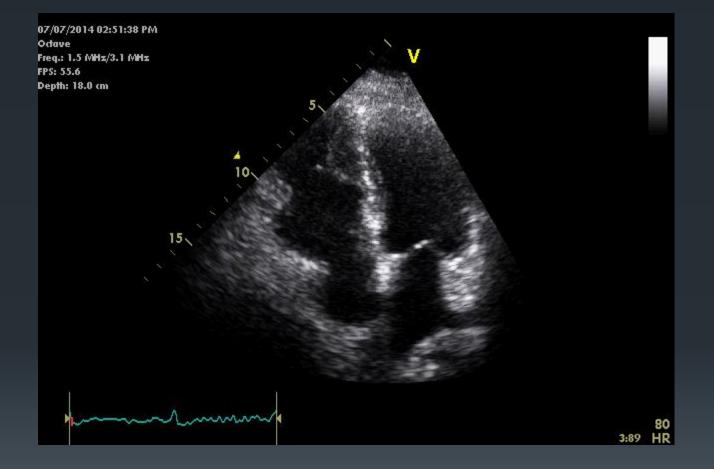
Surgery

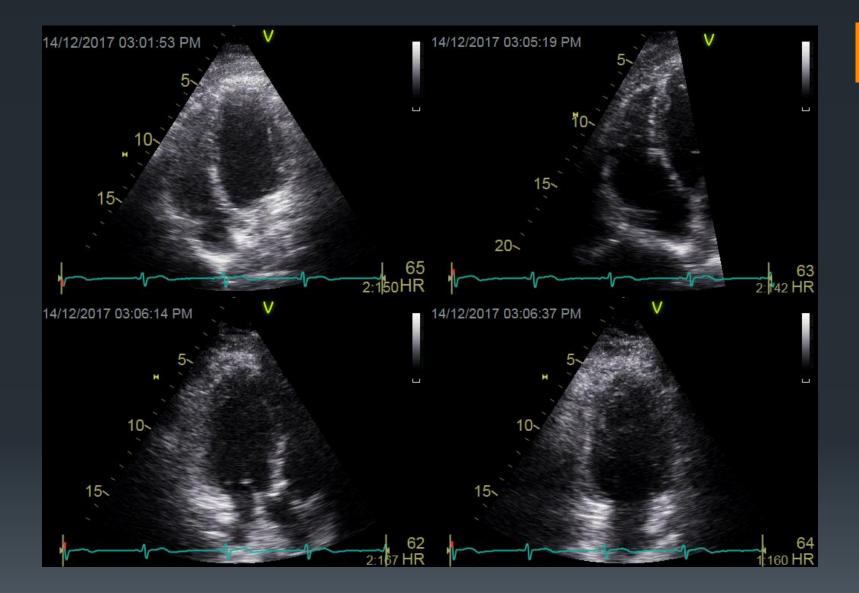
Right ventricular MI Common association with inferior MI RV apical segments may be involved in LAD occlus ✓ ST segment elevation in V1and or V4R- V6R ✓ Mortality high vs inferior MI Clinical presentation ✓ Hypotension (preload sensitive) ✓ Clear lung fields ✓ Increased JVP (Kussumaul sign may be present) ✓ Lack of pulmonary congestion Hypoxemia

✓ Right to left shunting via PFO

Echocardiographic features

- Focal RV wall motion abnormalities McConnell's sign
- ✓ Paradoxical septal motion due to acute volume overload
- ✓ Dilation of RV (RA)
- ✓ Small LV
- ✓ Bowing of interatrial septum from right to left
- ✓ RV thrombus
- ✓ Tricuspid regurgitation
- ✓ TAPSE and RVS' reduced
- ✓ IVC plethora
- ✓ Right to left shunting via PFO





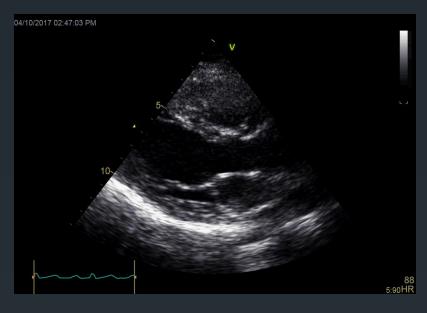
Dynamic LV outflow obstruction

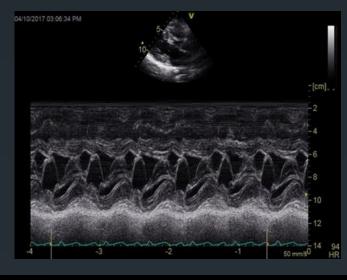
□ In setting of apical infarction sparing the base

Basal hyper kinesis

- ✓ Systolic anterior motion of mitral leaflet
- ✓ Dynamic LVOT obstruction
- ✓ Hypotension
- ✓ Systolic murmur

Exacerbation by inotropic agents and IABP



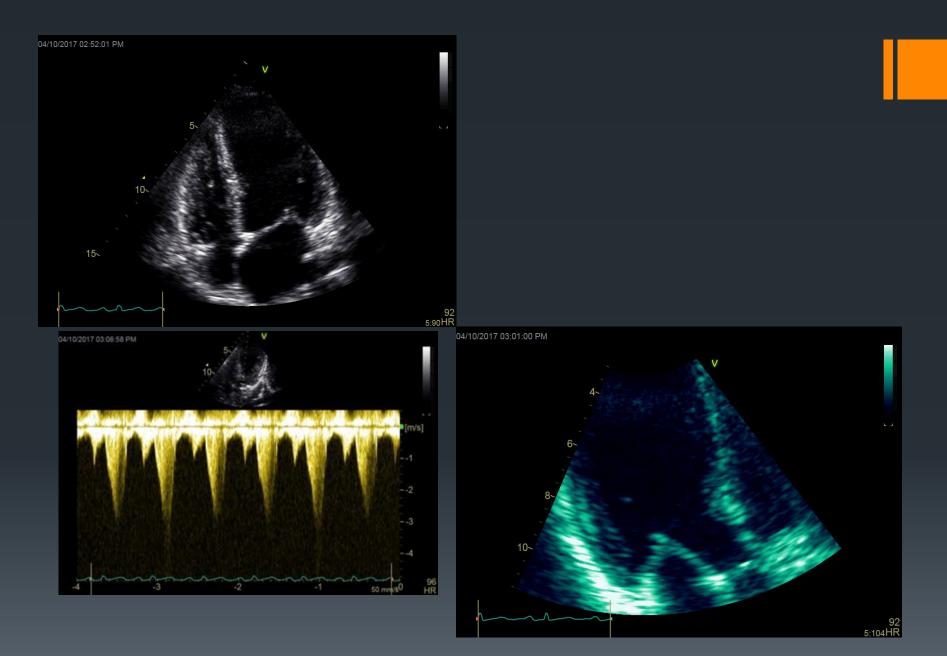


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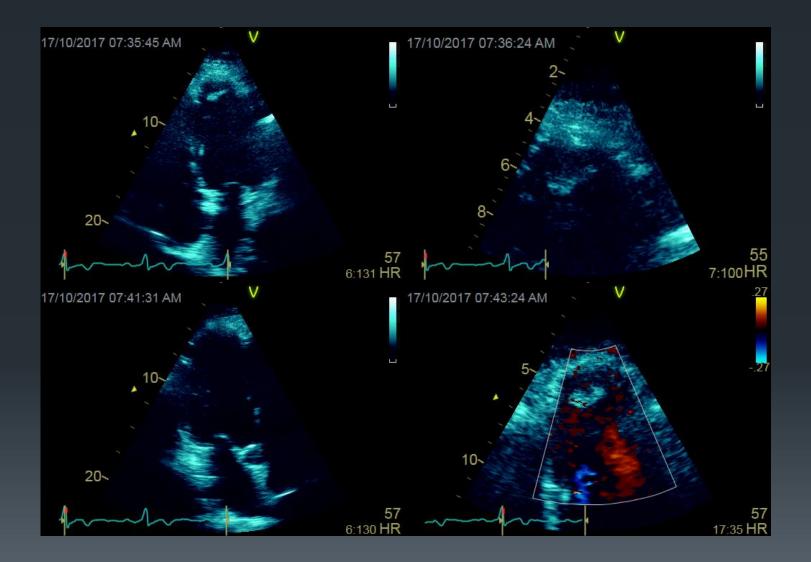


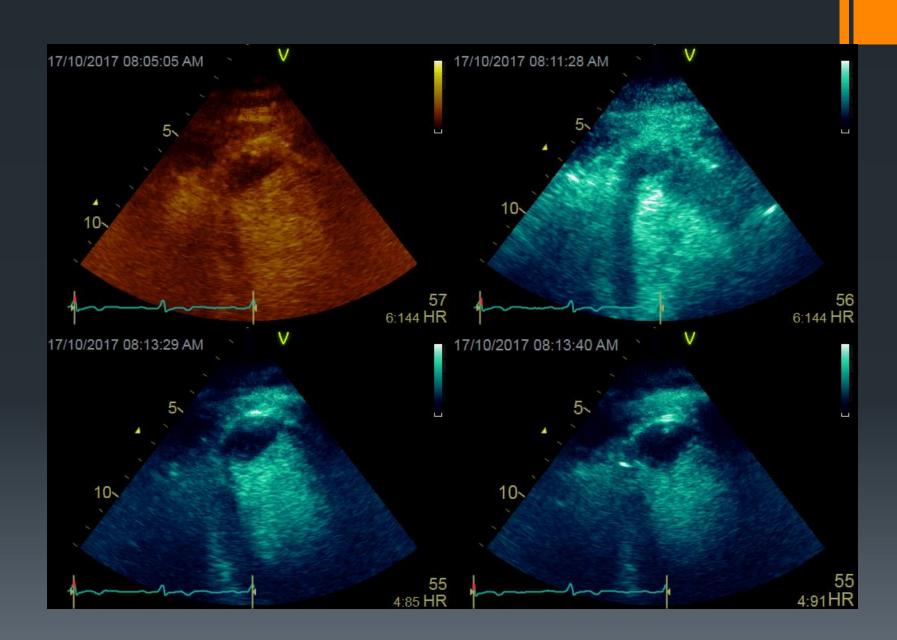
Left ventricular thrombus

- □ Anterior wall infarcts
 - 20-40% (60% in large anterior-wall AMIs, not treated
- with anticoagulant therapy)
- □ High risk of systemic embolization (Anticoagulant therapy ↓ rate of embolic events by 33%
 - anticoagulation)
- Most common presentation is Stroke (within the first 10 days after AMI)

Left ventricular thrombus

Transthoracic echocardiography is modality of choice (92% sensitivity, 88% specificity)
 <u>Management</u> - heparin treatment followed by oral warfarin therapy for 3-6 months, lifelong anticoagulation if a clot persists.

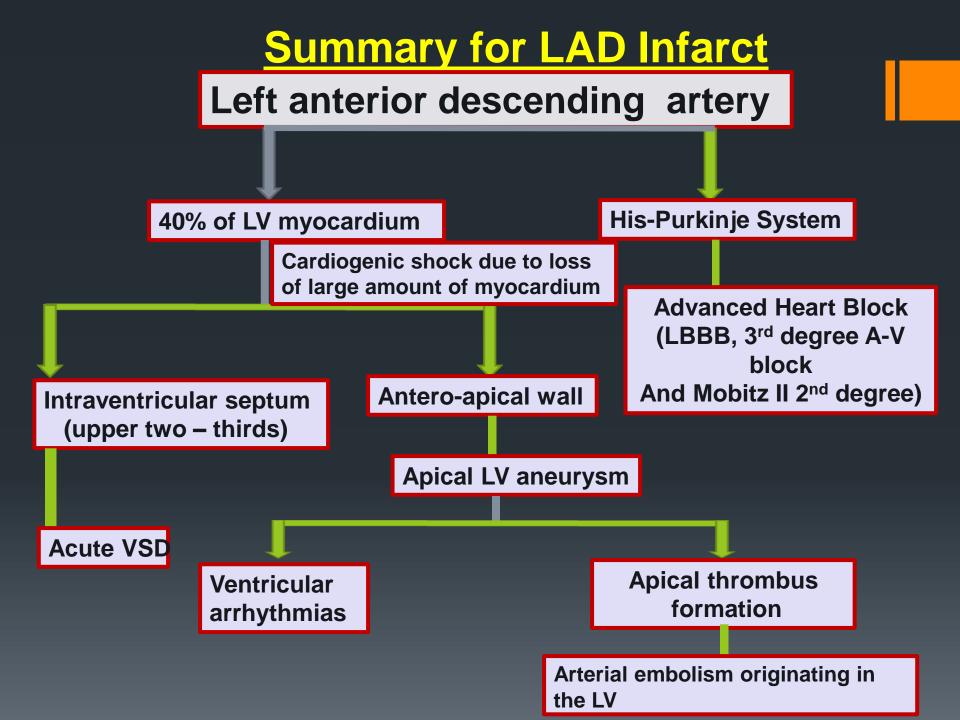




Etiologies , Incidence and Mortality

Causes	Incidence	Mortality
Predominant left ventricular failure	78%	59%
Severe mitral regurgitation	6.9%	55%
Ventricular septal rupture	3.9%	87%
Isolated right ventricular shock	2.8%	55%
Free wall rupture and tamponade	1.4%	55%
Average		60%

*Hochman JS, Buller CE, Sleeper LA, Boland J, Dzavik V, Sanborn TA, et al. Cardiogenic shock complicating acute myocardial infarction-etiologies, management and outcome: a report from the SHOCK Trial Registry. SHould we emergently revascularize Occluded Coronaries for cardiogenic shocK. J Am Coll Cardiol 2000;36(3 Suppl A):1063-70.



Summary for RCA (or Circumflex) Infarct

Right coronary artery

